

Cote du Ciel's Favorite Dances

Note: Most of these instructions are from the Known World Dance Symposium Handbook, and do not necessarily match up exactly with the music on Rebecca's CD.

Dances from Rebecca's CD

1. Tangle Bransle

Single line, everybody holding hands, leader is person on left

step left, together, left together, left together, right together, repeat indefinitely
wind line through itself, goal for leader is to knot it up, goal for dancers is to keep hold

2. Selenger's Round (English Country, Round)

in a circle, ladies on the right

Verse 1: Slide left 8 counts; slide right 8 counts

Chorus: Men back up a double* while women go forward and clap
Return to place
(facing partner) Set & turn** single
Women back up a double while men go forward and clap
Return to place
(facing partner) Set & turn single

Verse 2: Double in and out (2x)

Repeat Chorus

Verse 3: Side right with your partner; Side left with your partner

Repeat Chorus

Verse 4: Arm right with your partner; Arm left with your partner

*Double is four steps

** Set & turn is step left, ball change, step right, ball change, turn in place
said "Step to the left, step to the right, and turn yourself around" to tune

3. Horses Bransle

two lines, ladies on one side, men on the other

Double* left; Double right (4x)

Men (right foot) paw, paw, step right, turn in place

Ladies (right foot) paw, paw, step right, turn in place

Progress the ladies to the next man, man at top of hall runs to bottom while ladies paw

*Double is step, together, step together

4. Maltese Bransle
 - Start in a circle, any order
 - Double left; Double right (2x)
 - 4 twisting steps in to center, hands up, shaking bells/ribbons on wrist; Clap 3 times
 - 4 twisting steps out to circle, hands up, shaking bells/ribbons on wrist; Clap 3 times

5. Official Bransle (Fling-A-Wench)
 - In a circle, lady/child on right
 - A part: Double left; Double right (2x)
 - B part: 8 singles left, on 7 and 8, lady leaps to other side of man, man assists

6. Jenny Pluck Pears (English Country, small circle)
 - 3 couples in a circle**
 - Verse 1:** Slide left (8 counts); Set & turn single; Slide right (8 counts); Set & turn single
 - Chorus 1:** First man turns lady into center; Second man does same; Third man does same; All reverence
 - Men skip around left (16 counts), then right (16 counts)
 - First man turns lady back to place center; Second man does same; Third man does same; All reverence
 - Verse 2:** Side right; Set & turn single; Side left; Set & turn single
 - Chorus 2:** Same as chorus 1, except Ladies turn men in and skip around
 - Verse 3:** Arm right; Set & turn single; Arm left; Set & turn single
 - Chorus 3:** Same as chorus 1

7. Rufty Tufty (English Country, Lines)
 - in two lines, improper, stay w/ same corners throughout
 - need even # of couples
 - Verse 1:** Forward and back a double (2x)
 - Chorus:** (facing partner) Set & turn single (2x)
 - Lead partner out a Double and back; Turn single
 - Lead corner out a Double and back; Turn single
 - Verse 2:** Side right with your partner; Side left with your corner
 - Repeat Chorus**
 - Verse 3:** Arm right with your partner; Arm left with your corner
 - Repeat Chorus**

8. Hole in the Wall (Lines)
 - in two lines, ladies on one side, men on the other
 - identify couple **A** & couple **B**
 - (**A**) Reverance; Cast off, around and through inactive couple, and back to place; Reverance
 - (**B**) Reverance; Cast off, around and through active couple, and back to place; Reverance
 - (**A** man, **B** lady) Reverance, switch place almost touching palms; Reverance
 - (**B** man, **A** lady) Reverance, switch place almost touching palms; Reverance
 - All** take hands and circle halfway around
 - (**A**) break off and move down the set while (**B**) pass up the set between them

Other Dances

Scotland the Brave

Couple starts w/ lady on the right, man's right arm over her shoulders, holding right hands, and holding left hands in front

Verse: Start with the left foot out in front of you and slightly to the left, toe pointed.
Grapevine Right, beginning with left foot behind, end w/ right foot pointed in front.

Repeat

Chorus: Forward 8 steps, turning around in place on the eighth step, walk 8 steps back, turn on the eighth step.

Go forward 4 steps, turn in place on the 4th step and continue 4 steps backwards

Repeat back the other way.

Man walks forwards, releasing the hand crossing in front of the couple, woman spins under his arm until that musical portion is done.

Repeat from top

Karabushka

Couple starts w/ lady on the right, man's right arm over her shoulders, holding right hands, and holding left hands in front. Everyone travels in a circle CCW, facing direction of travel

Travel: Left together, left together
Right together, right together,
Left together,
Right together, lady spins under joined hands once, to face partner
Throw hands down.

Spin: Men spin in & Ladies spin out 3 counts, clap.
Spin back to partner, take hands, left over right
Step together, step back, lady spins under joined hands once, man turns lady to inside of circle
Ladies spin in & men spin out 3 counts, clap
Spin back to partner, take hands, left over right
Step together, step back, lady spins under joined hands once, back to starting position

repeat, increasing speed with music.

On last time, instead of spinning back to starting position on last line, man kneels (right knee up) while lady is spinning, then she sits on his knee "Oy!"

Very important to take hands left over right, or the spinning won't work.

Foula Reel

Three people, holding hands in a circle. It's kinda the Hokey-Pokey.

Put your left foot in, left foot out, two sliding steps to the left.

Right foot in, right foot out, two sliding steps to the right.

Repeat left then right again.

Now for the tricky bit:

Two of the people break hands. The person in the middle is in charge.

That is person B, between A and C.

B pulls A between B and C, following through with them to end up where they all began.

Then B pulls C between B and A, following through to end up where they all began.

Repeat with A. Repeat with C.

Back to the Hokey Pokey.

Gracca Amorosa

for One Couple, facing

Verse 1: Reverance; Circle clockwise with Spezzati LR to trade places

 Curl counterclockwise with Spezzati LR to face; Trabuchetti LRLR

 Spezzato sideways L & honor; Spezzato sideways R & honor

Chorus: Spezzato L back from partner; Spezzato R back from partner

 Riprese LLL & Trabuchetto L to return to partner

 Spezzato R back from partner; Spezzato L back from partner

 Riprese RRR & Trabuchetto R to return to partner

Verse 2: Circle clockwise with Spezzati LRLR to place; Trabuchetti LRLR

 Curl counterclockwise with Spezzati LR to face; Scambiate LR

Repeat Chorus

Verse 3: Lord approaches Partner with Spezzati LR flanking forward

 Lord Trabuchetti LRLR in front of partner

 Lord curl to place with Spezzati LR; Lord Trabuchetti LRLR facing partner

 Lord Passo L & honor; Lord Passo R & honor

Repeat Chorus

Verse 4: Lady does what Lord did in Verse 3

Repeat Chorus

Verse 5: Ordinario L; Riprese RR, Trabuchetto RL

 Ordinario R; Riprese LL, Trabuchetto LR

 Passo L forward & honor, touching R hands

 Passo R & honor, touching L hands

Repeat Chorus